



Relationships and Sex Education Policy

INT 26

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## **King Edwin School Relationships and Sex Education (RSE) Policy**

### **Rationale**

King Edwin School recognises the entitlement of all learners to receive Relationships and Sex Education and Health Education, which is current, meaningful and relevant. King Edwin School promotes and embeds a respect for diversity, encourages a sense of compassion and understanding of others, and a deep respect for human worth and dignity. We recognise and respect every member of the school's culture, religious values and sexual orientation. We also recognise that the advance of modern technology brings with it issues of safeguarding and we are committed to addressing on-line safety in its various forms. We will ensure that relationship, sex education and health education is accessible for all pupils. Delivery and resources will be differentiated and personalised to meet the needs of all pupils, in preparation for adulthood and in line with the most up to date legislation and guidance including the SEND code of practice and KCSIE Guidance.

### **Statutory Guidance and Legislation**

The Relationships Education, Relationships and Sex Education and Health Education (England) Regulations 2019, made under sections 34 and 35 of the Children and Social Work Act 2017, make relationships and sex education (RSE) compulsory for all pupils receiving secondary education. They also make health education compulsory in all schools except independent schools. Personal, Social, Health and Economic Education (PSHE) continues to be compulsory in independent schools. KCSIE Guidance is also considered when writing this policy.

### **Definition**

The Sex Education Forum defines relationships and sex education (RSE) as learning about the emotional, social and physical aspects of growing up, relationships, sex, human sexuality and sexual health. It should equip children and young people with the information, skills and positive values to have safe, fulfilling relationships, to enjoy their sexuality and to take responsibility for their sexual health and well-being.

### **Aims**

The aims of relationships education in schools will cover 'Families and People who Care for Me', 'Caring Friendships', 'Respectful Relationships', 'Online Relationships', and 'Being Safe'. There is widespread agreement that children and young people need to be able to recognise abusive behaviour and to know how to seek help if they are worried about abuse or experience it. The new guidance states that by the end of primary school all children should know: 'how to report concerns or abuse, and the vocabulary and confidence needed to do so'. King Edwin School believes that relationships education should promote equal, safe and enjoyable relationships and be taught in a way which fosters LGBT and gender equality, in line with the Equalities Act 2010.

### **The aims of Sex Education:**

King Edwin School will provide a sex education programme tailored to the age and the physical and emotional maturity of the pupils. We determine the content of sex education and believe that sex education should ensure that both boys and girls are prepared for the changes that adolescence brings and – drawing on knowledge of the human life cycle set out in the national curriculum for

science - how a baby is conceived and born'. We will deliver health education as part of our PSHE curriculum. Health education will enable learners to understand puberty, the changing adolescent body, menstrual wellbeing and the menstrual cycle. Relationships education, health education, science and sex education work together to protect children by ensuring they have knowledge of their bodies, the human life-cycle, emotions, acceptable behaviour and right and wrong.

## **Delivery of the RSE Curriculum**

King Edwin School promotes a whole school approach to the delivery of RSE and Health Education.

### **Key Stage 2**

During Key Stage 2 children are interested in the changing nature of friendships, the emotional and physical changes of growing up, similarities and differences between boys and girls, coping with strong emotions and how babies are made with eggs and sperm. How to look after our bodies and how to be safe and healthy are also important. Towards the end of Key Stage 2 children are beginning to show an interest in knowing about love and the different types of families, they will be curious about puberty and sexual feelings and changing body image. They will need more details about contraception, how babies develop and are born and why families are important for having babies. They will be interested in knowing how people can get diseases including HIV, from sex and how they can be prevented. They will also need to know who they can talk to if they want health, advice and information about puberty and sex.

The curriculum will be delivered through the following themes:

- Relationships
- My Body
- Feelings and Attitudes
- Keeping safe and looking after myself including on an online forum
- People who help me/ getting health and advice
- Lifecycles and human reproduction

### **Key Stage 3**

At Key Stage 3, we will build in the curriculum content at Key Stage 2 as above. At this age, some young people will either be sexually experimental or know friends who are. They will be interested to know what they should expect of a partner and how to talk to them. They will need more information on contraception, sexual health and how to access services. They will want to know about different types of relationships and homophobia. They may want to know about how to cope with strong feelings and how to cope with the pressures to have sex. They will start to ask questions about parenthood and may like to know how they can talk to their own parents or a trusted adult. They will also be interested in other influences on sexual decision making such as the law, different cultures and religious beliefs, pornography, the media and the effects of drugs and alcohol.

The curriculum will be developed through the following themes:

- Relationships

- Feeling and attitudes
- my body
- Keeping safe including on an online forum and looking after my sexual health
- People who can help me / sources of help and advice

#### **Key Stage 4**

At this age, some young people will either be sexually experimental or know friends who are. They will be interested to know what they should expect of a partner and how to talk to them. They will need more information on contraception, sexual health and how to access services. They will want to know about different types of relationships and homophobia. They may want to know about how to cope with strong feelings and how to cope with the pressures to have sex. They will start to ask questions about parenthood and may like to know how they can talk to their own parents or a trusted adult. They will also be interested in other influences on sexual decision making such as the law, different cultures and religious beliefs, pornography, the media and the effects of drugs and alcohol.

The curriculum will be developed through the following themes:

- Relationships
- Keeping safe including on an online forum and looking after my sexual health
- Feelings and attitudes
- People who can help me / sources of help and advice

#### **Partnerships with parents and carers**

King Edwin School recognises that parents and carers are crucial to the success of the RSE programme and is committed to providing information about what is provided and accessible opportunities to comment on policy and practice.

Parents will retain the right to withdraw their child from sex education at primary and secondary school. A change brought in by the new guidance is that young people can opt into sex education from 3 terms before their 16th birthday. Parents will not have the option to withdraw their children from relationships education or health education. Schools are advised to keep a record of the process of dialogue with parents relating to requests to withdraw from sex education. If you wish to withdraw your child from sex education please speak to your child's Tutor or Head of School.

#### **Confidentiality, safeguarding and child protection**

Everyone involved in RSE will be clear about the boundaries of their legal and professional roles and responsibilities. Teachers will discuss confidentiality with learners through the development of a group agreement at the start of lessons, making it clear that teachers cannot offer unconditional confidentiality and will report concerns or suspicions to the Designated Safeguarding Lead as outlined in the safeguarding policy.

#### **Assessing, recording, reporting and monitoring pupils' progress**

We will ensure that assessment opportunities are built into the RSE programme and that RSE is assessed on skills and attributes as well as knowledge. Regular opportunities will be provided to enable learners to reflect on their work and learning. Learner progress will be tracked by an individual's Tutor and will link with the schools' tracking of PSHE. We will ensure that parents and carers are provided with feedback and information about pupils' learning in RSE. The curriculum will be quality assured in a variety of ways including learning walks, safeguarding drop ins, lesson observations, planning and work scrutinises. This will be done as part of the schools' ongoing QA cycle by the SLT and PSHE Lead.

## **Roles and responsibilities**

### **Learners**

Learners are expected to participate at their own level of engagement in SRE and, when discussing issues related to SRE, treat others with respect and sensitivity.

Alternative work, which focuses on values and self-esteem will be given to pupils who are withdrawn from SRE.

### **Delivery staff are responsible for:**

Delivering RSE and health education in a sensitive way

Differentiating and personalising delivery to the needs of the individual

Modelling positive attitudes to RSE and health education

Monitoring and tracking of progress

Responding to the needs of individual pupils and issues as they arise

Responding appropriately to pupils whose parents or carers wish them to be withdrawn from the sex education components of RSE and health education.

Take responsibility to attend regular CPD to ensure they are confident and have up to date knowledge and understanding.

### **The Head of Schools**

The Head of Schools and Senior Leadership Team are responsible for ensuring that RSE and health education is taught consistently across the school, and for managing requests to withdraw pupils from sex education. The Head of Schools and SLT will provide regular access to training and development to ensure that they are confident in their subject knowledge and delivery.

### **The Governing Body**

The King Edwin School Leadership Team and Governing Body will approve the RSE policy and hold the Senior Leadership to account for its implementation.

## **Policy Review**

This policy will be reviewed by SLT annually.

## **Links to other Policies/Curriculum**

- Health and Safety
- British Values on website
- Safeguarding and Protection of Young People in Our Care
- Preventing and Tackling Bullying
- Equality & Diversity
- PSHE/RSE whole school curriculum plan
- Well Being Policy
- SMSC Policy